

GENERAL RELEASE, INDEMNITY & LIABILITY WAIVER

In conjunction with participation in the Sports Enhancement Center, LLC's camps, clinics and lessons, the undersigned, on his or her behalf, or as parent/legal guardian of the participant named below (the "Participant"), hereby acknowledges and understands that the Participant will be engaging in activities that involve physical activity involving cardiovascular stress and the use of machines for resistance training, with an attendant risk of injury, which may also result in potential economic losses, disability or even death. The undersigned also acknowledges and understands that physical contact for purposes of teaching a particular movement during such camps, clinics and lessons is a natural part of the learning process, and so consents to such contact. The undersigned, on his or her behalf, or as parent/legal guardian of the Participant, hereby expressly and voluntarily agrees to assume all risks directly or indirectly related to such activities, whether known or unknown. Further, the undersigned releases the Sports Enhancement Center, LLC, its owner(s), employees and agents, and, if applicable, the owners, lessors, and lessees of the premises on which such activities are conducted (collectively the "Released Parties), jointly and severally, from any and all claims, demands, lawsuits or causes of action the undersigned may have, individually or on behalf of the Participant, against any one or more of the Released Parties, arising out of the referenced participation in the activities conducted by the Sports Enhancement Center, LLC, and by and through its agents, servants and employees. The undersigned, on his or her behalf or as parent/legal guardian of the Participant, waives, now and in the future, any claims or causes of action which now exist or may arise, against the Released Parties, jointly and severally.

The undersigned, on his or her behalf, or as parent/legal guardian of the Participant, further agrees to indemnify and hold harmless the Released Parties, jointly and severally, from any and all liabilities, claims, demands, losses and causes of action, including reasonable attorney's fees and costs, that the Released Parties may incur or become liable for as a result of the Participant's participation in the activities of the Sports Enhancement Center, LLC or its affiliated entities.

The undersigned also agrees that a qualified physician may treat the Participant in case of emergency. The undersigned, for him or herself, and on behalf of the Participant, also acknowledges that the Sports Enhancement Center, LLC, owns any and all video and photographic rights related to images of the Participant created in connection with its programs and activities, and releases any and all claims the undersigned may have, individually or on behalf of others, to such rights.

The undersigned further acknowledges that the Sports Enhancement Center, LLC requires that the undersigned execute this General Release, Indemnity & Liability Waiver as an express condition for participation in its sponsored activities.

I HAVE READ THE ABOVE GENERAL RELEASE, INDEMNITY AND LIABILITY WAIVER CONTAINED IN THIS DOCUMENT AND AGREE TO AND UNDERSTAND ITS CONTENTS AND SIGN SAME VOLUNTARILY.

Signature: _____

Printed Name: _____

Participant's Name: _____

Date: _____